

Covid 19 Emergency Measures

Updated 2 December

HANDS: FACE: SPACE

IMPORTANT - The advice below needs to be read in conjunction with any Regional Guidance introduced by the government that further restricts activity in local areas.

Covid-19 - The virus that causes COVID 19 is mainly transmitted through droplets generated when an infected person coughs, sneezes or speaks. Some droplets are too heavy to hang in the air and they quickly fall and contaminate floors and surfaces. Other smaller airborne particles can remain in the air for some time. You can be infected by breathing in the virus if you are within close proximity of a person who has Covid-19- hence the 2m social distancing requirement, or by touching a contaminated surface and then touching your eyes, nose or mouth before washing your hands.

You can still visit and work your allotment. You can visit with members of your household or support bubble. Observe "Social Distancing" of 2 metres when meeting anyone not in your household or support bubble. If you take your children to the plot, ensure that they stay within its confines and do not run around on communal paths and spaces.

Do not attend the plot if you have coronavirus symptoms or a family member is self-isolating, this includes people who need to isolate after returning from holidays abroad.

Take a flask of hot water, soap and paper towels to the plot with you (cold water will work too) to wash hands and surfaces.

Wash or hand sanitise (should be at least 60% alcohol content) your hands before entering and on leaving the site and opening any gate locks and again afterwards

The most effective part of hand washing is the drying using preferably paper towel to remove the layer of dead skin scales - on which virus and bacteria sit. Used paper towels must be taken home and disposed of in your usual household waste bin and not on compost heaps or left on the allotment site.

Do not share tools

Do not wash your hands in water troughs

If you are self isolating please make sure that you inform your Warden that you are unable to visit the site, preferably in writing, so that they can make allowances for your situation.

It is essential that no un-authorized people are allowed onto the plots. Careful consideration should be given to introducing anyone over 70, those with underlying illness or pregnant women. The government advises that you must continue to follow strict social distancing guidelines when you are with anyone not in your household or support bubble.

Communal facilities remain closed. Toilets could possibly open, if the Warden feels that they are able to fulfill a cleaning regime that reduces risk of transmission for users.